

Is the endovascular procedure an option for treatment of chronic type B aortic dissections?

Há espaço para o tratamento endovascular nas dissecções crônicas da aorta descendente?

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Abstract

Objective: Questions regarding the specific patient/disease that should be submitted to the endovascular procedure still remain unclear. The purpose of this study is to evaluate the endovascular treatment in chronic type B aortic dissections.

Methods: Between 2003 and 2006, 11 patients with chronic type B aortic dissection were submitted to endovascular procedure through femoral artery. All of them were monitored with CT within 6 months, at 1 year and afterwards annually. We prospectively evaluated false lumen patency and thoracic and abdominal aortic diameters in each time point. The data comparisons were made using Anova and chi-square tests with SPSS 13.

Results: The endovascular stent-graft deployment was technically successful for all patients, with no hospital mortality. During the follow-up period, the false lumen flows remained persistent in the thorax in 27.3% of the patients

and in the abdomen in 81,8%. However, in all patients, in both segments, the aorta diameter was not significantly changed in size and shape.

Conclusion: Despite the small number of studied patients, the endovascular procedure for chronic type B aortic dissections does not appear to be an option for the treatment of these patients.

Descriptors: Aneurysm, dissecting, surgery. Aorta, surgery. Aorta, thoracic, surgery. Aortic aneurysm, surgery. Stents. Vascular surgical procedures.

Resumo

Objetivo: Questões relativas a quais pacientes/doenças que efetivamente deveriam ser submetidos ao tratamento endovascular ainda geram controvérsias. O objetivo deste trabalho visa a questionar o tratamento endovascular nas dissecções crônicas tipo B de Stanford.

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Métodos: No período de 2003 a 2006, 11 pacientes portadores de dissecação crônica da aorta tipo B de Stanford com dilatação somente no tórax (diâmetro \geq 5,5cm), foram submetidos à colocação de prótese endovascular auto-expansível pela artéria femoral. Todos os pacientes foram submetidos à angiotomografia de controle com 6 meses, 1 ano e após, anualmente, com o intuito de avaliar a presença de fluxo na falsa luz e estudar a evolução dos diâmetros da aorta torácica descendente e abdominal no decorrer do tempo. Para esta análise foram utilizados os testes Anova de duas vias para medidas repetidas e o qui-quadrado com o programa SPSS 13.

Resultados: Não houve mortalidade hospitalar. Nenhum paciente apresentou *endoleak* imediatamente após a operação. Durante o período de seguimento médio de 28

meses/paciente, não houve óbitos, um paciente foi submetido à substituição da aorta tóraco-abdominal e dois aguardam esta mesma intervenção. A endoprótese interrompeu o fluxo na falsa luz no tórax em 72,7% dos pacientes e, no abdome, somente em 18,2%, porém isto não implicou na redução dos diâmetros da aorta torácica nem abdominal.

Conclusão: O tratamento endovascular nas dissecações crônicas tipo B de Stanford parece não ser suficiente para tratar esses pacientes no curto/médio prazo, apesar do tamanho reduzido da amostra estudada.

Descritores: Aneurisma dissecante, cirurgia. Aorta, cirurgia. Aorta torácica, cirurgia. Aneurisma aórtico, cirurgia. Contenedores. Procedimentos cirúrgicos vasculares.

INTRODUCTION

Conventional treatment of descending aorta dissections, Stanford type-B aortic dissection, includes both clinical treatment and surgical approach [1-3]. Initial treatment for uncomplicated acute dissections is medical; however, when it is associated to aching pain complications, sealed rupture, and ischemia of organs and limbs, the treatment is surgical [4].

Nevertheless, these two therapeutic options have limitations. Medical treatment for uncomplicated cases presents variable in-hospital mortality about 10%; in a 4-year follow-up 20% to 30% of the patients can develop significant dilations and 18% will develop rupture [5,6]. Conventional surgical treatment is followed by high morbidity and mortality, especially when it is associated to hemodynamic instability secondary to rupture, mesenteric ischemia, or chronic obstructive pulmonary disease [7].

Another surgical treatment option for such patients is the endovascular approach [8]. This therapeutic approach has evolved since its beginnings, especially on account of prosthesis development and improvement of its usage in clinical practice. Currently, some centers suggest that uncomplicated acute Stanford type-B aortic dissections when submitted to endovascular management present a better outcome when in comparison to the natural course of the disease as in intra-hospital phase as in medium-term follow-up [2,3,9,10]. In acute phase complications, it seems

there is no doubt concerning the benefit of endovascular treatment over the conventional one [11,12].

In chronic Stanford type-B aortic dissections, the endovascular approach excitingly initiated presented complications especially related to flow persistence in the false lumen secondary to the existing reentries in the distal portions of thoracic aorta, in the abdominal portion of near to the abdominal vessels, or even the existing complications in iliac arteries, which would maintain the false lumen pressurized. This would prevent that the treatment with occlusion of the main entry site in the initial portion of the descending aorta could lead to the thrombosis of the false lumen of the delaminated aorta to its depressurization which would result in the decrease of the vessel [10,13-15].

With the aim of evaluating endovascular treatment efficacy in chronic descending aortic dissections, taking into consideration abdominal and thoracic aorta diameters, and the presence of flow into the false lumen of the aorta in both segments in the course of time, we undertook this research.

METHODS

Between April 2003 to February 2006, 11 patients with chronic Stanford type-B aortic dissection underwent endovascular treatment of descending aorta through femoral artery approach were enrolled in this study. Their clinical characteristics are listed in Table 1.

Table 1. Epidemiological Data from the study patients

Clinical variables	Data
Gender	
Male	91%
Female	9%
Age	43 a 72 years
Mean	58 years
Symptoms	
Asymptomatic	18.2%
Thoracic pain	63.6%
Congestive Heart Failure (CHF)	18.2%
Systemic Arterial Hypertension (SAH)	100%
CKD (chronic kidney disease)	0%
COPD	0%
Cigarette smoking	36.4%
OCI (obstructive coronary insufficiency)	9.1%
Heart Valve disease in another site	27.3%
FE (Fraction Ejection)	Normal in a 100%
Preoperative Thoracic Aorta Maximum Diameter(mm)	55 a 76
Mean \pm SD (mm)	63.4 \pm 7.7
Preoperative Abdominal Aorta Maximum Diameter(mm)	29 a 44
Meam \pm SD (mm)	37.4 \pm 5.7
Preoperative Thoracic Flow in the False Lumen	100%
Preoperative abdominal Flow in the false Lumen	100%

The study protocol was approved by the Research and Ethics Committee of Heart Institute (InCor), Faculty of Medicine, University of São Paulo as a research protocol SDC 2658/05/078. Regarding treatment and necessity of periodical reevaluations, a free written informed consent was obtained from the patients.

An angiotomographic scan was performed to evaluate and diagnose the anatomic characteristics of these patients' aortas.

The inclusion criteria were patients with chronic Stanford type-B aortic dissection with main entry site in the proximal portion of the descending aorta; diameters of the thoracic and abdominal segments of the aorta e" 5,5 cm and d" 4,5 cm, respectively; and access route and landing zone with favorable anatomic characteristics allowing free movement and fixation of the endoprosthesis. Exclusion criteria were the impossibility of patient's late follow-up; celiac trunk, superior mesenteric artery, or the two renal arteries originating from the vessel false lumen; and thrombosed aorta false lumen postoperatively.

The study was carried out in a consecutive and prospective fashion, in which all the patients who presented with the abovementioned criteria and agreed to participate in the study were included. Neither of the patients refused to participate. Over the same period, 18 patients with chronic Stanford type-B aortic dissection underwent conventional surgical repair due to significant dilation of the entire aorta and not only of the thoracic segment.

Operation performed

Patients under general anesthesia underwent aortography through right axillary artery or brachial artery approach. An adequacy of the prosthesis to be used was defined prior to the procedure by means of the measurements performed in the angiotomographic study. Endoprostheses were deployed in the right femoral artery as previously described [16]. One patient underwent a combined procedure of angioplasty with right coronary artery stent graft before the aortic procedure.

Endoprosthesis were used in an average of 1.3 endoprostheses per patient (seven patients received one endoprosthesis and the remaining four patients two endoprostheses). Self-expandable endoprosthesis, Braile Biomédica®, (Braile Biomédica, São José do Rio Preto, Brasil) and Apolo (Nano Endoluminal S/A, Florianópolis, Brasil) were used.

The sizes used in the majority of the patients were 34 mm X 90 mm and 34 mm X 150 mm.

Patients' follow-up

All patients underwent control angiotomography within six months, one year, and yearly thereafter to evaluate remodeling of the thoracic and abdominal aortas after endoprosthesis placement. The size of descending and abdominal aorta diameters were observed in course of time, thus in the presence of thrombosis or blood flow in the false lumen of the thoracic and abdominal segments of the aorta. Therefore, for purposes of study, on radiography both descending and abdominal aortas were divided into two segments each as follows: segment 1 was defined as that one extending from the left subclavian artery up to the projection in the aorta of the first dissection of the pulmonary artery trunk. The second segment was defined as that one extending from the first image after the segment 1 up to the portion of the aorta crossing the diaphragm. Segment 3 corresponds to the abdominal portion of the aorta extending from the diaphragm up to the more distal renal artery, and the segment 4 is that one extending from the first image after the segment 3 up to the aortic bifurcation in the iliac arteries.

Statistical analysis

Continuous variables were expressed as mean \pm SD and

categorical variables were expressed using percentages. Comparisons between different surgical data (before vs after), and during follow-up were done with two-way analysis of variance (ANOVA) with repeated measures and Chi-square test, respectively. Analyses were performed with SPSS (version 13; SPSS, Chicago, IL).

RESULTS

No patient presented endoleak type I immediately after the procedure. One patient during second endoprosthesis placement presented proximal displacement of the first endoprosthesis with subocclusion of left carotid artery. The patient underwent an emergency crossover carotid-carotid grafting. Another patient underwent the combined procedure with angioplasty and stent placement in the coronary artery. There was no in-hospital mortality.

During follow-up period, length ranging from 9 to 43 months (mean of 28 months), one patient has stroke 14 months after the procedure; two patients presented recurrent thoracic pain (one of them due to coronary intrastent lesion, that one performed simultaneously to dissection of the aorta, and the other due to increase of dissected aorta diameter). The remaining of the patients (72.7%) is asymptomatic for thoracic pain. One patient underwent thoracoabdominal aorta replacement with iliac-femoral extension to the left 15 months after the initial procedure. Other two patients are waiting conventional repair due to increased aortic diameter during follow-up, despite the stent placement (27.3%). There was no late mortality.

Table 2 shows the presence or not of blood flow in the false lumen in the four aortic segments describe above after the aortic endoprosthesis placement for occlusion of the main entry dissection site. During the follow-up period, initial behavior changing was not observed, i.e., the thrombosis occurred in almost 73% of the patients in segment 1 neither spread to other aortic segments nor raised the number of patients with thrombosis in this portion of the aorta, neither did in the others, as shown in subsequent angiotomographic scans.

Figure 1 shows the thoracic aorta diameters of all patients screened in the course of time. Figure 2 shows the abdominal aorta diameters of all patients screened over the same period. Figure 3 shows surgical treatment failure with stent in changing the outcome of the patients with chronic dissection when considering the reduced thoracic and abdominal segments of the aorta in these patients. Despite endoprosthesis interrupting the perfusion flow of the thoracic and abdominal aortic false lumen in 73% and 18% of the patients, respectively, this did not influence the reductions in abdominal and thoracic aorta diameters during the follow-up period.

Table 2. Presentation of the flow presence in the false lumen of aortas of patients undergoing aorta stent placement

Clinical Variables	Data
Gender	
Male	91%
Female	9%
Age	43 a 72 years
Mean	58 years
Symptoms	
Asymptomatic	18.2%
Thoracic pain	63.6%
Congestive Heart Failure (CHF)	18.2%
Systemic Arterial Hypertension (SAH)	100%
CKD (chronic kidney disease)	0%
COPD	0%
Cigarette smoking	36.4%
OCI (obstructive coronary insufficiency)	9.1%
Heart Valve disease in another site	27.3%
FE = Fraction Ejection	
Thorax	
Segment 1	With flow 27.3%
	Without flow 72.7%
Segment 2	With flow 45.5%
	Without flow 54.5%
Abdomen	
Segment 3	With flow 81.8%
	Without flow 18.2%
Segment 4	With flow 81.8%
	Without flow 18.2%

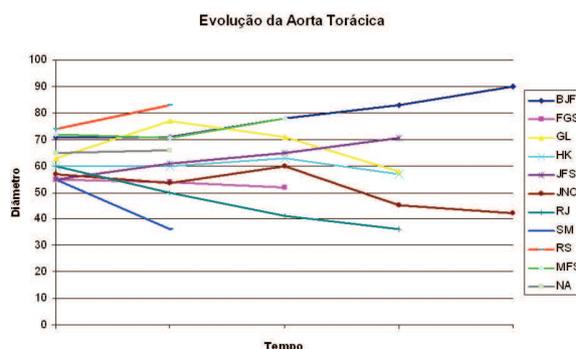


Fig. 1 – Development of the largest thoracic aortic diameters in the course of time

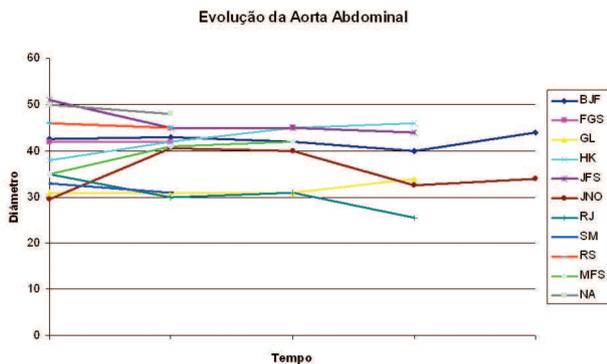


Fig. 2 – Development of the largest abdominal aortic diameters in the course of time

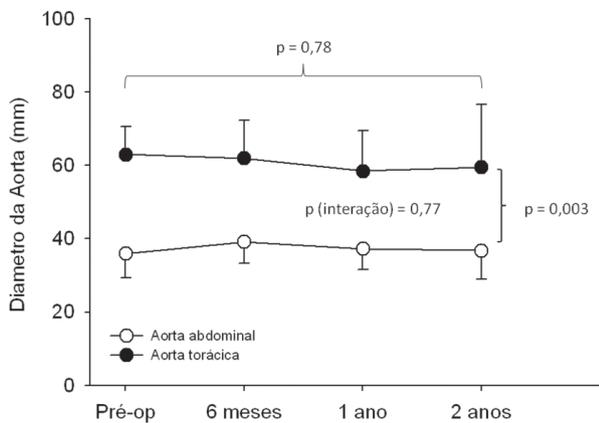


Fig. 3 – Mean variation of the thoracic and abdominal aortic diameters in the course of time, where it is observed the absence of variation of the diameters after endovascular treatment

DISCUSSION

Despite controversies regarding the optimal treatment in the initial approach of Stanford type-B dissections, the clinical treatment for uncomplicated patients still remains [10,17], although some authors have already identified that the false lumen with flow and a dissected aorta diameter larger than 40 mm are related to increase complications during the follow-up period of these patients [18,19].

Other authors, however, have shown that the patients with type-B dissections undergoing endovascular treatment

in the acute phase presented more favorable outcomes than those observed with clinical treatment [2,20]. Randomized prospective studies aiming at comparing immediate and late outcomes of uncomplicated patients clinically treated with those undergoing endovascular treatments should be further undertaken [21].

When endovascular treatment of acute and chronic phases of type-B dissection are compared, thrombosis of the false lumen is found to be more frequent when the stent is placed on the acute phase due to the higher number of reentries of the chronic cases [5].

The aim of endovascular treatment in aortic dissection is to interrupt the false lumen flow with consequent depressurization of the aorta and reduction of the overall aortic diameter. The reduction of the diameter of the dilated aorta maintains the patient at risk of death and questions the efficacy of this therapeutic method for this specific purpose.

The efficacy of the false lumen thrombosis followed by the reduction of the thoracic aorta diameter in chronic Type-B dissections after stent graft treatment was described; however, it has occurred in less than 50% of the patients in the intra-hospital period and in less than one third of the times during late follow-up [6]. In the abdominal portion of the aorta, therapeutic failure is still higher, where neither most of the times one can observe false lumen thrombosis nor reduction of its diameters [7].

Bockler et al. [22] reported that associated to the endovascular treatment low capacity to lead to complete false lumen thrombosis of the delaminated aortas, the necessity of early reintervention is high being 19%, 27%, and 32% in 1, 2, and 5-year postoperative follow-up, respectively. Eggebrecht et al. [21] in a meta-analysis study also found an occurrence of high reintervention, 12% in less than a 2-year period.

Similarly, to our results the Swedish multicenter study presented the false lumen thrombosed along the stent graft fixation in 80% of the patients. However, in the distal portion of the thoracic aorta without stent grafting, false lumen flow remained persistent in 50% of the patients. It was observed that only 5% of the patients presented with aortic enlargement of the stent grafted area [23]. Contrary to the abovementioned, Won et al. [24] reported a significant decrease in diameter of the thoracic false lumen in a 100% of the patients. However, in all patients with aortic dissection, the abdominal aorta was not significantly changed in size and shape and their false lumen flows remained persistent.

Akutsu et al. [25] observed that patients with type-B dissections and false lumen flow in comparison to those with the same diagnosis and thrombosed false lumen, the patency of the false lumen was an independent risk factor for dissection-related death and complications. What makes

us thing that if the stents do not lead to complete thrombosis of the false lumen of the delaminated aorta and to the consequent decrease of aortic diameters, is it justifiable to use it in the chronic Stanford type-B dissections?

Despite the small number of patients enrolled in this study, our results are in accordance with nearly all the studies found in the literature. This study also showed that to the patients undergoing chronic type-B Stanford dissection, the endovascular stent graft aortic treatment is not effective, once it does not decrease the aorta diameters.

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